



Columbia Institute of Pharmacy, Raipur

NSS SEVEN DAYS SPECIAL CAMP

Institute: CIP, Raipur





Venue: Village Chhapora (Dharsiswa), Raipur

January 02-08, 2023

No. of Participants – 45

A REPORT ON SEVEN DAYS SPECIAL CAMP

THEME:- “YOUTH FOR RURAL DEVELOPMENT”

राष्ट्रीय सेवा योजना सात दिवसीय विशेष शिविर

आज़ादी का अमृत महोत्सव

ग्रामीण विकास के लिये युवा

श्रीमान / श्रीमती _____

अत्यंत हर्ष का विषय है कि कोलम्बिया इंस्टीट्यूट ऑफ फार्मसी, रायपुर की राष्ट्रीय सेवा योजना की इकाई द्वारा सात दिवसीय विशेष शिविर ग्राम - छपोरा, वि. खं. - धरसीवा, जिला रायपुर में दिनांक 02/01/2023 से 08/01/2023 तक आयोजित है जिसमें आप सादर आमंत्रित हैं।

उद्घाटन समारोह

दिनांक: 02/01/2023, समय: दोपहर 02:00 बजे
स्थान: शासकीय माध्यमिक शाला, ग्राम - छपोरा

मुख्य अतिथि - श्री अरुण शुक्ला, सरपंच, ग्राम - पंचायत छपोरा
अध्यक्षता - श्री हरजीत सिंह हुवा, सेक्रेटरी, जे.पी.ई.एस. सोसायटी
विशिष्ट अतिथि - श्री करण सिंह मिश्र प्रधानपाठक, शासकीय माध्यमिक शाला छपोरा
प्रो. अमित रॉय, प्राचार्य, कोलम्बिया इंस्टीट्यूट ऑफ फार्मसी, रायपुर

समापन समारोह

दिनांक: 08/01/2023, समय: दोपहर 01:00 बजे
स्थान: शासकीय माध्यमिक शाला, ग्राम - छपोरा

मुख्य अतिथि - श्री अरुण शुक्ला, सरपंच, ग्राम - पंचायत छपोरा
अध्यक्षता - प्रो. अमित रॉय, प्राचार्य, कोलम्बिया इंस्टीट्यूट ऑफ फार्मसी, रायपुर
विशिष्ट अतिथि - डॉ. डी. एस. रघुवंशी कार्यक्रम समन्वयक (रासेयो)
छत्तीसगढ़ स्वामी विवेकानंद तकनीकी विश्वविद्यालय, भिलाई

डॉ. डी. एस. रघुवंशी कार्यक्रम समन्वयक (सी. एस. वी. टी. यू. भिलाई) संपर्क नं 9424514075	प्रो. अमित रॉय प्राचार्य कोलम्बिया इंस्टीट्यूट ऑफ फार्मसी, रायपुर संपर्क नं 9691691333	सागर साहू कार्यक्रम अधिकारी (रासेयो) संपर्क नं 8319357500
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कार्यक्रम सहयोगी:- डॉ. पुष्पा प्रसाद गुप्ता, राहुल कुमार गोस्वामी
मनिन्द्र महापात्रा, पुनम साहू, रेणुका वर्मा




स्वयं से पहले आप

बौद्धिक परिचर्या

दिनांक	दिन	कार्यक्रम
02/01/23	सोमवार	उद्घाटन समारोह
03/01/23	मंगलवार	श्रीमती मोनिका बागरेचा, उपाध्यक्ष, सहयोग: एक कोशिश द्वारा स्वच्छता एवं वृक्षारोपण पर व्याख्यान।
04/01/23	बुधवार	श्री आनंद ताम्रकर, कार्यक्रम अधिकारी श्री शंकराचार्य संस्था, रायपुर द्वारा जल संरक्षण पर व्याख्यान।
05/01/23	गुरुवार	साइबर सेल, रायपुर पुलिस, छत्तीसगढ़ द्वारा साइबर क्राइम एवं कानून व्यवस्था पर व्याख्यान।
06/01/23	शुक्रवार	डॉ. विकास अग्रवाल, सामुदायिक स्वास्थ्य केन्द्र, धरसीवा द्वारा मौसमी बीमारियों एवं स्वास्थ्य संबंधी व्याख्यान।
07/01/23	शनिवार	हयुमेनिटेरियन: द युथ आर्गेनाइजेशन द्वारा युवा पीढ़ी एवं दृष्टिकोण पर व्याख्यान।
08/01/23	रविवार	समापन समारोह।

दिनचर्या

प्रातः 05:00 बजे से प्रातः 07:00 बजे तक - जागरण एवं नित्यकर्म
प्रातः 07:00 बजे से प्रातः 08:00 बजे तक - योग / ध्यान / पीटी
प्रातः 08:00 बजे से प्रातः 09:00 बजे तक - स्वल्पाहार
प्रातः 09:00 बजे से दोपहर 12:00 बजे तक - श्रमदान (परियोजना)
दोपहर 12:00 बजे से दोपहर 02:00 बजे तक - व्यक्तिगत समय एवं भोजन
दोपहर 02:00 बजे से सांय 04:00 बजे तक - बौद्धिक सत्र
सांय 04:00 बजे से सांय 06:00 बजे तक - चाय एवं खेलकूद
सांय 06:00 बजे से सांय 07:00 बजे तक - सांस्कृतिक कार्यक्रम
सांय 07:00 बजे से रात्रि 09:00 बजे तक - भोजन
रात्रि 09:00 बजे से प्रातः 05:00 बजे तक - विश्राम (शयन)

परियोजना कार्य

- संपूर्ण स्वच्छता संबंधी कार्यक्रम
- वृक्षारोपण
- मतदान जागरूकता आधारित कार्यक्रम
- यातायात सुरक्षा संबंधी जागरूकता कार्यक्रम
- शिक्षादान
- चिकित्सा शिविर में सहयोग

दिशा निर्देश:

ग्राम छपोरा विधानसभा
रायपुर से करीब 7 कि.मी.
की दूरी पर स्थित है।

NSS CAMP DAY 1

(Monday, 02 January 2023)

The Inaugural ceremony began at Government Middle School, Chhapora, Raipur ta 2:00 pm in the presence of Sarpanch Shri. Arun Shukla, Chief Guest, Shri Harjeet Singh Hura, Secretary, Jan Pragati Education Society, Raipur, and Prof. Amt Roy, Principal CIP, as Guest of Honor.



Dr. Pushpa Prasad Gupta, Social Activity Incharge, CIP, Mr. Sagar Sahu Program Officer, NSS, Mr. Rahul Goswami, Coordinator, Unnat Bharat Abhiyan, and 45 Volunteers, Students and villagers were present at the inaugural ceremony.



After ceremony NSS Volunteers swiftly began their preparations for the seven days camp after a briefing with Program Officer.

Camp Tasks were listed and divided among the volunteers.

NSS CAMP DAY 2

(Tuesday, 03 January 2023)

The second day of the camp began with early morning Prabhat Pheri at 05:30 am. NSS Volunteers sang Ramdhuni and Bhajans and some motivational slogans were a part of the Pheri.



Volunteers enthusiastically participated in singing along with Dholak as music instrument and the people of Gram Panchayat Chhapora also listened these bhajans. Meditation & yoga session was followed by Prabhat Pheri by the Volunteers from 6:00 –7:00 am.

For Shramdan, one team left for cleanliness programme in the school area and health center another team went to the gothan.



Meanwhile in the intellectual session Mrs. Monika Bagrecha Mam, Vice President, Sahyog Ek Koshish gave lecture on Cleanliness and Plantation. Also she highlighted how to manage plastic waste, so that we can make our surroundings clean.

Cultural programs were held in the evening in the sanskritik karyakram session.

NSS CAMP DAY 3

(Wednesday, 04 January 2023)

The Third day of the camp began with early morning Prabhat Pheri at 05:30 am. NSS Volunteers sang Ramdhuni and Bhajans and some motivational slogans were a part of the Pheri. NSS Volunteers enthusiastically participated in singing along with Dholak as music instrument and the people of Gram Panchayat Chhapora also listened these bhajans. Meditation & yoga session was followed by Prabhat Pheri by the Volunteers from 6:00 – 7:00 am.



For shramdan, plantation programme was carried out in village, school area and gothan.



Meanwhile in the intellectual session Shri Anand Tamralar Sir, Programme Officer, SSIPMT. Raipur enlightened the NSS Volunteers on water conservation.

Cultural programs were held in the evening in the sanskritik karyakram session.

NSS CAMP DAY 4

(Thursday, 05 January 2023)

The Fourth day of the camp began with early morning Prabhat Pheri at 05:30 am. NSS Volunteers sang Ramdhuni and Bhajans and some motivational slogans were a part of the Pheri. NSS Volunteers enthusiastically participated in singing along with Dholak as music instrument and the people of Gram Panchayat Chhapora also listened these bhajans. Meditation session was followed by Prabhat Pheri by the Volunteers from 6:00 – 7:00 am.



For Shramdan, Free health camp was organized by CHC, Dharsiwa which included general check up.



Meanwhile in the intellectual session Shri Rohit Malekar Sir, Cyber Cell Expert, Chhattisgarh Police enlightened the NSS Volunteers about Cyber crimes and Frauds.

Cultural programs were held in the evening in the sanskritik karyakram session.

NSS CAMP DAY 5

(Friday, 06 January 2023)

The Fifth day of the camp began with early morning Prabhat Pheri at 05:30 am. NSS Volunteers sang Ramdhuni and Bhajans and some motivational slogans were a part of the Pheri.

Volunteers enthusiastically participated in singing along with Dholak as music instrument and the people of Gram Panchayat Chhapora also listened these bhajans. Meditation session was followed by Prabhat Pheri by the Volunteers from 6:00–7:00 am.



For Shramdan, an awareness programme was conducted where NSS Volunteers rallied for various malpractices like dowry, ill effect of alcoholism, road safety campaign and right to vote.



Meanwhile in the intellectual session Kalpana Tigga Madam, CHO, Health Center, Barauda enlightened the NSS Volunteers about seasonal diseases and their prevention.

Cultural programs were held in the evening in the sanskritik karyakram session.

NSS CAMP DAY 6

(Saturday, 07 January 2023)

The Sixth day of the camp began with early morning Prabhat Pheri at 05:30 am. NSS Volunteers sang Ramdhuni and Bhajans and some motivational slogans were a part of the Pheri.

Volunteers enthusiastically participated in singing along with Dholak as music instrument and the people of Gram Panchayat Chhapora also listened these bhajans. Meditation session was followed by Prabhat Pheri by the Volunteers from 6:00 – 7:00 am.



For Shramdan, NSS students taught students of different classes depicting Shiksha Daan.



Meanwhile in the intellectual session dignitaries from NGO, Humanitarians: The Youth, Raipur enlightened the NSS Volunteers about the perspective of youth and their role.

Cultural programs were held in the evening in the sanskritik karyakram session.

NSS CAMP DAY 7

(Sunday, 08 January 2023)

The Seventh day of the camp began with early morning Prabhat Pheri at 05:30 am. NSS Volunteers sang Ramdhuni and Bhajans and some motivational slogans were a part of the Pheri.



Volunteers enthusiastically participated in singing along with Dholak as music instrument and the people of Gram Panchayat Chhapora also listened these bhajans. Meditation session was followed by Prabhat Pheri by the Volunteers from 6:00 – 7:00 am.

The Closing ceremony began at Government Middle School, Chhapora, Raipur at 1:00 pm in the presence of Sarpanch Shri. Arun Shukla, Chief Guest, Dr. D. S. Raghuwanshi, Programme Coordinator, CSVTU Bhilai as Guest of Honor, Mr. Anand Tamrakar, NSS Programme Officer SSIPMT, Raipur, Mr. Sagar Sahu Program Officer, NSS, Mr. Rahul Goswami, Coordinator, Unnat Bharat Abhiyan, and 45 Volunteers, Students and villagers were present at the closing ceremony. Dr. D. S. Raghuwanshi congratulated the entire team of NSS unit CIP for successful conduction of Seven Days Special Camp.